

The Synapse

Monthly updates from Plexus

August 2020



From the Director's desk

Let me start with a thought I strongly believe in: 'Fear does not stop death, it stops life.' When we abandon fear, a world of possibilities comes forth. At Plexus, we believe in the power of possibilities!

I understand that suffering from a neurological disorder can be a life-altering experience. However, it is never life-ending. Today, we are blessed with advancements like Stem Cell Therapy that have the ability to halt, and in some cases, even cure neurological conditions. Our aim at Plexus is to harness the regenerative abilities of stem cells for the betterment of humanity.

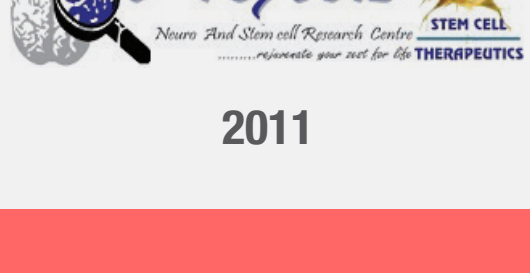
Everyone deserves an independent life, but neurological impairments can deprive people of their freedom. Our mission is to help people overcome those impediments, restore their natural abilities, and enhance their quality of life in the minimum possible time frame.

So let's stay connected, informed, and safe!

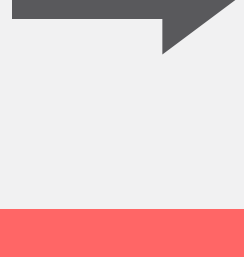
Dr Na'eem Sadiq
Founder

Plexus Insider

New look. Same trusted service.



2011



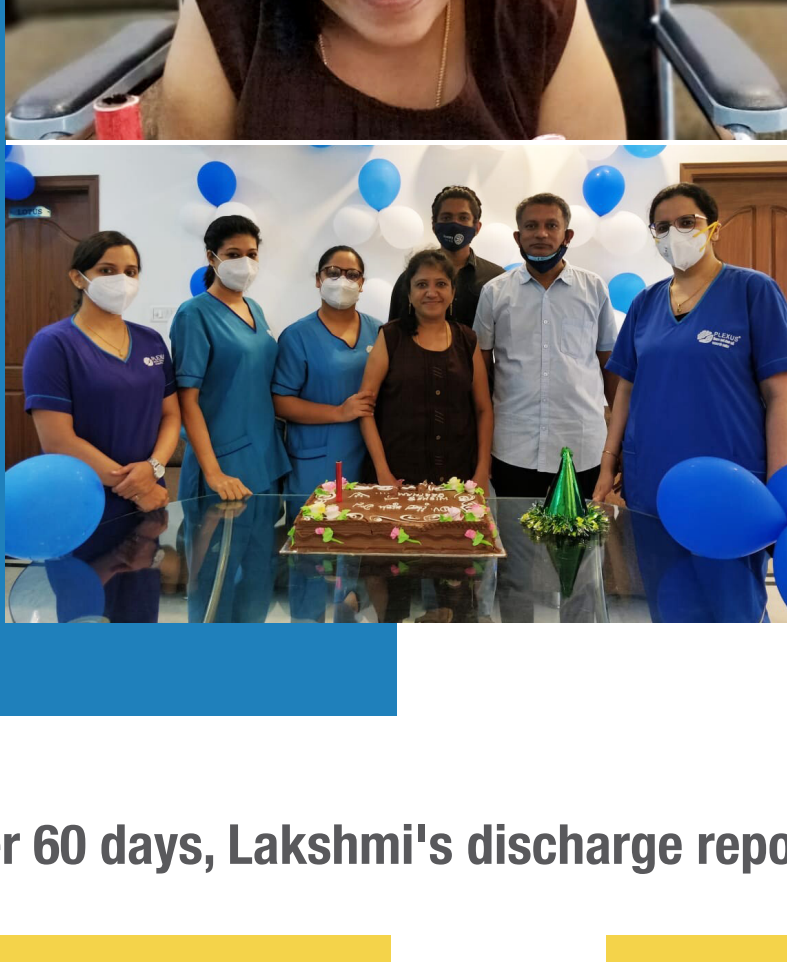
2017

We have been declared the **best** Neuro and Stem Cell Therapy Centre by certified and respected medical associations and other institutions. We are also India's **first ISO-certified stem cell and rehabilitation centre**. In a matter of months, we have successfully treated patients who had been deemed 'untreatable'. All this didn't happen overnight. It started with a modest three-room setup, slowly developing into what it is today. Let us walk you through our journey.

- 1989 — Dr Na'eem starts practicing in Bangalore.
- 2011 — Plexus comes into being in a three-room setup in Cook Town
- 2014 — Plexus bags its first award — 'Best Consultant Neurologist in Bangalore'
- 2015 — Plexus upgrades from three to ten rooms
- 2016 — Plexus wins its first international award at World Brand Summit, Dubai
- 2017 — Plexus moves to a five-storey building in Banaswadi
- 2017 — Plexus logo changed to make it synonymous with our personalised services
- 2019 — Forbes India features Plexus
- 2020 — Hyderabad branch begins operations

► To know more about our legacy, visit www.plexusnc.com.

Story of the month

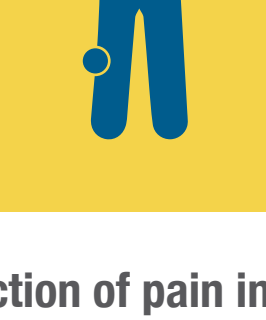


46-year old Lakshmi, a resident of Tamil Nadu, came to Plexus in June 2020 with severe symptoms of Amyotrophic lateral sclerosis (ALS). On her arrival, it was noted that she had no mobility in her hands and legs, no speech, and difficulty in swallowing. Also, whenever Lakshmi tried to get up, she experienced severe pain in her limbs, wasn't able to sit upright without assistance, and her hands were fisted. So without further delay, she underwent the customized Regenerative Rehabilitation Therapy that included stem cell therapy, physiotherapy, occupational therapy, speech therapy, and swallowing therapy.

After 60 days, Lakshmi's discharge report mentioned:



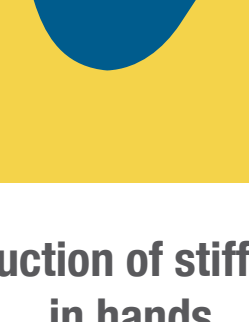
Ability to walk with mild assistance



Reduction of pain in joints



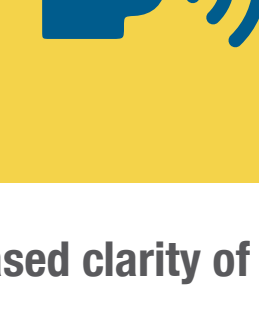
Ability to sit upright and stand with minimum support



Reduction of stiffness in hands



Ability to swallow without any choking/coughing



Increased clarity of speech

Behind the scenes

This Independence Day, Plexus also celebrated its 9th anniversary! Take a look at how we made the event a memorable one. Later in the week, Ganesh Chaturthi was observed with fervor.



Disease decoder

A disease or a disorder is not the tragedy. Ignorance is. So let us arm you with the right information that is the first step on the road to recovery.

Cerebral Palsy impairs a child's muscle movement, muscle tone, coordination, and motor skills. It is the most common cause of motor disabilities in children. Studies have shown that it affects at least 4 out of every 1,000 children worldwide. Let us take a look at the symptoms for a better understanding of the disorder:

- Delays in achieving motor skill milestones (rolling over, sitting up alone, or crawling)
- Spasticity or stiff muscles and exaggerated reflexes
- Lack of muscle coordination
- Tremors or involuntary movements
- Excessive drooling and problems with swallowing
- Difficulty in walking
- Neurological problems, such as seizures, intellectual disabilities, and blindness

To know more about Cerebral Palsy, its causes, and how we use our Regenerative Rehabilitation therapy to manage the condition

[click here](#)